

# **EJReynolds guide on how to reset your Password**



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1. Go to [www.efast.dol.gov](http://www.efast.dol.gov) and select the link to Login.

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### ERISA Filing - Welcome

EFAST is a system designed to simplify and expedite the receipt and processing of the Forms 5500/5500 Short Form. These forms are filed each year by more than one million retirement and other employee benefit plans to satisfy annual reporting requirements under ERISA and the Internal Revenue Code.

The Department of Labor (DOL), Internal Revenue Service (IRS), and the Pension Benefit Guaranty Corporation (PBGC) created EFAST to streamline the forms and the methods by which they are filed and processed.

#### People are Asking...

- [Frequently Asked Questions about EFAST2](#)
- [Registration for signing, preparing, or transmitting the Form 5500/5500-SF](#)
- [2009 and 2010 Form 5500 and 5500-SF and Instructions](#)
- [EFAST2 User Guides](#)
- [iFile Tutorial](#)
- [Delinquent Filer Voluntary Correction Program \(DFVCP\)](#)
- [Electronic Filing Webcasts](#)

#### New and Noteworthy

- [Getting Ready for the 2009 Form 5500 and Electronic Filing Webcast - Part IV](#)
- [EFAST2 online filing system operational to receive and process Form 5500 filings; Electronic filing video](#)
- [DOL Adds FAQs 26 and 27 to Supplemental Schedule C FAQs Regarding Compensation Paid to Pharmacy Benefit Managers](#)
- [Supplemental Guidance on Schedule C: News Release](#)
- [FAQs About the 2009 Form 5500 Schedule C: News Release](#)
- [Disaster relief information](#)

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2. Next select *“Forgot Password”* .

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**EBSA**

### ERISA Filing - Login

Enter your User ID and Password to log into the EFAST2 System. These fields are case-sensitive.

User ID:

Password:

[Forgot User ID](#) [Forgot Password](#)

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Users must register to:

- Start and Complete ERISA filings through the EFAST2 system
- Review and update ERISA filings
- Sign ERISA filings

[Register Now](#)

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www.dol.gov | Telephone: 1-866-463-3278 | TTY: 1-877-889-5627 | Fax: 1-202-693-7888 | Contact Us



3. Next enter either your User ID or the email address associated with your profile. Once you have entered the information, select “*Next*”.

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### Forgot Password - Verify Account ID or Email

Please enter either your User ID or the email you used to register with EFAST2. The User ID field is case-sensitive.

Search By  User ID  Email

User ID:

Email:

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4. Now answer the “*Challenge Question*”. Select “*Submit*” when done.

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**Forgot User ID - Verify Challenge Question**

Please enter your answer for the challenge question. This field is case-sensitive.

What is your date of birth? --Month-- / --Day-- / --Year--

Submit Cancel

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5. The “*Forgot Password – Change Password*” page will now appear prompting you to enter a new password that meets the specifications on the page. Select “*Submit*” once you have entered your new password.

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### Forgot Password - Change Password

Please type in your new password then select Submit to continue. This field is case-sensitive.

New Password:

Confirm New Password:

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**Password Requirements**

- Must be between 10 and 16 characters long
- At least 1 alpha character
- At least 1 numeric character

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## 6. Congratulations, you have now changed your password.

The screenshot shows the United States Department of Labor website. At the top, there is a red header with the DOL logo and the text "UNITED STATES DEPARTMENT OF LABOR". To the right of the header, there is a "Subscribe to E-mail Updates" section with an input field for an email address and a "SUBSCRIBE" button. Below the header, there are links for "A to Z Index", "Site Map", "FAQs", "DOL Forms", "About DOL", and "Contact Us".

Below the header, there are two buttons: "E-mail This Page" and "Print This Page". The main content area is titled "Forgot Password - Confirm" and contains the message "Your password has been successfully changed." Below this message is a "Login" button and a "Back to Top" link.

On the left side of the page, there is a navigation menu with the following sections:

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At the bottom of the page, there is a red footer with the following text: "Frequently Asked Questions | Freedom of Information Act | Privacy & Security Statement | Disclaimers | Customer Survey | Web Site Notices". Below the footer, there is contact information for the U.S. Department of Labor: "U.S. Department of Labor, Frances Perkins Building, 200 Constitution Ave., NW, Washington, DC 20210", "www.dol.gov | Telephone: 1-866-463-3278 | TTY: 1-877-889-5627 | Fax: 1-202-693-7888 | Contact Us".